

WORTH ABBEY RETREAT CENTRE

“All guests who present themselves are to be welcomed as Christ for he himself will say: I was a stranger and you welcomed me.”

Rule of St Benedict 53:1

Set in 500 acres of stunning West Sussex countryside, Worth Abbey gives the opportunity to rest, refresh and reflect. Staying in our purpose-built retreat house we offer a warm welcome, good food and comfortable accommodation.

Guests are welcome, from all faiths and none, who seek a closer relationship with God within the setting of a Catholic monastic community.

Our retreat programme is a mix of residential or day retreats with space for groups to run their own retreat.





LIVING WITH LOSS
13th-16th November 2023



ADVENT RETREAT:
4th-6th December 2023



TIME OUT: INDIVIDUAL SELF-GUIDED RETREAT
11th-15th December 2023 **3rd-7th June 2024**
22nd-28th January 2024

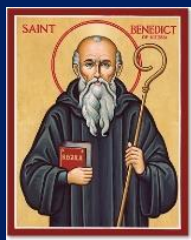


FINDING STILLNESS:
5th-8th February 2024 **20th-23rd May 2024**
26th-29th February 2024 **2nd-5th September 2024**

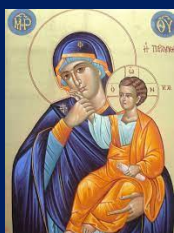


BENEDICTINE LIVING WITH CHANGE:
13th-15th February 2024

BENEDICTINE IGR: (min 3 nights)
11th-17th March 2024
8th-14th July 2024
7th-13th October 2024



TAI CHI & CHRISTIAN MEDITATION:
Led by Fr Peter Williams OSB
22nd-25th April 2024
9th-12th September 2024



ICON PAINTING COURSE:
Led by Hanna Ward
30th June-7th July 2024



LIVING WITH LOSS:
11th-14th November 2024



LENT RETREAT:
20th-22nd February 2024

SAVE THE DATE!

EASTER TRIDUUM

Maundy Thursday 28th – Easter Sunday 31st March 2024

For further information or to book a place

W: www.worth.co.uk/retreats/retreat-programme/

E: retreats@worth.org.uk

T: 01342 710318