



April 2023

## Welcome

- to the latest news update for local churches.

We had a great response from all our local churches asking to receive regular updates on our activity together with items for your prayers.

## Please pray for:

- clients in employment yet still needing help to feed their families - an increasing area of need.
- the many facing the decision whether to heat or eat
- those facing eviction or homelessness
- continued generosity, both food and financial donations

## January - March 2023

We provided 3 days emergency food to 833 people - a 63% increase from the same period in 2022

Low income was the cause of financial crisis in 61% of people compared with 48% in 2022

Families accounted for 36% of all vouchers up from 30%

Donations are up 19% but food distribution has increased by 102%!

In addition we have shared resources with the Community Fridge, Rustington Pantry and various schools.

**Wish List** - Tin openers, Rice Pudding & Custard, Tinned Tomatoes, Instant Coffee, Tinned Fruit, UHT Milk, Toiletries, Nappies, Strong carrier bags

**Where we are:** The office is at Littlehampton Baptist Church. The distribution venue is: Littlehampton United Church, 1 High Street, in 'The Hub' which we share with Turning Tides

## To donate:

Food - <https://littlehamptondistrict.foodbank.org.uk/give-help/donate-food/>

Money - <https://littlehamptondistrict.foodbank.org.uk/give-help/donate-money/>

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