

Dear Fr Boniface

Thank you so much in advance for supporting our Lent Family Fast Day Appeal in your parish in this Jubilee Year. We are so grateful for the generosity of your parishioners – in giving of ourselves, we can all respond to Pope Francis' call to be tangible signs of hope for our sisters and brothers.

I hope that you will have received your Fast Day pack from us, containing collection envelopes and a poster. You can find electronic versions of our resources at [cafod.org.uk/parish](http://cafod.org.uk/parish)

I've included below a suggested notice for your parish newsletter and Facebook page if you have one - to let parishioners know they can give in the collection at Mass or online.



### **CAFOD Lent Appeal – Family Fast Day collection**

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope) or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10.

You can include this QR code to take supporters straight to CAFOD's virtual envelope where they can make their donation.

### **Facebook post**

You could share the newsletter notice on a Facebook post and share a link to our Lent prayer video: [The light of hope for Parishes | CAFOD on Vimeo](#)

### **Poster**

It would be great if our Lent Appeal poster could go up on your noticeboard before Ash Wednesday. On the other side of the Lent poster, we have a Jubilee-themed poster, which can stay up on your noticeboard as an invitation to parishioners to participate in the Jubilee Year by making a commitment to supporting our sisters and brothers.

### Ask parishioners to help you out

We would appreciate your help in approaching some of your parishioners to help out with the Fast Day collection.

Could you please ask a reader from your rota, a catechist, a Eucharistic Minister or one of your Confirmation candidates to read our Fast Day announcement? The announcement is included in your pack or on our [website](#).

**If anyone from your parish would like to volunteer for CAFOD please ask them to get in touch with me.**

Please could you ask your welcoming team to hand out CAFOD collection envelopes to parishioners as they pick up their parish newsletter and hymn books and help collect envelopes at the end of Mass?

Do contact me if you need any help finding someone to speak on behalf of CAFOD at Mass or you need more resources. And please do put any helpers in touch with me if they need any support. Thank you so much.

God bless,

Jenny Finlayson

CAFOD Community Participation Coordinator, Arundel, and Brighton

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