



WORTH
ABBHEY

WORTH ABBEY RETREAT CENTRE

**“All guests who present themselves are to be welcomed
as Christ for he himself will say:**

I was a stranger and you welcomed me.”

Rule of St Benedict 53:1

Set in 500 acres of stunning West Sussex countryside,
Worth Abbey offers the opportunity to rest, refresh and reflect.
Staying in our purpose-built retreat house you will receive a warm welcome,
good food and comfortable accommodation.

Guests are welcome, from all faiths and none, who seek a closer relationship
with God within the setting of a Catholic monastic community.

Our retreat programme is a mix of residential and day retreats with
space for groups to run their own retreat.

For further information contact Worth Abbey Retreat Centre
E: retreats@worth.org.uk T: 01342 710318 W: www.worth.co.uk
Worth Abbey, Paddockhurst Road, Turners Hill, West Sussex RH10 4SB.



RESIDENTIAL RETREATS

Living with Loss:

Led by Simon Holland-Brown Dip.

Couns MBACP &

Fr Peter Williams OSB

11th-14th November 2024

Advent Retreat:

3rd-5th December 2024

Finding Stillness:

27th-30th January 2025

12th-15th May 2025

16th-19th June 2025

Time Out Individual Retreat:

(min 2 nights)

3rd-9th February 2025

17th-21st February 2025

3rd-6th March 2025

The Wisdom of St Benedict:

14th-16th February 2025

Lent Retreat:

11th-13th March 2025

Benedictine IGR:

(min 3 nights)

17th-23rd March 2025

7th-13th July 2025

Julian of Norwich

1st-3rd April 2025

Tai Chi & Meditation:

7th-10th April 2025

Icon Painting course:

29th June-6th July 2025

Praying the Mass

Led by Fr David Jarmy OSB

29th April - 1st May 2025

The Algerian Martyrs

Led by Fr Martin McGee OSB

10th-12th June 2025

DAYRETREATS 10am-4pm

Jesus meets the Samaritan Woman at the Well

(John 4:1-42):

Tuesday 24th September 2024

Tuesday 1st October 2024

The Life Journey Map:

Led by Elizabeth Elliott

Saturday 12th October 2024

Pursuing Holiness

Led by Robert Elliott

Saturday 2nd November 2024



To book a place online or for further information contact
Worth Abbey Retreat Centre