

## How can you help support us throughout Harvest Festival?



Each year we benefit greatly from your kind donations. As we approach the festival, we would like to share with you items of food that are of most use and value to our services and clients, so that we can honour those who gather the modern-day equivalent of crops for the homeless and vulnerable in our area.

We have created this list of food in priority order of our needs to help guide you with your donation.

### High need

Instant coffee  
Sugar  
Cooking oil  
Gravy granules  
Spices  
Tinned meat (no spam please)  
Tinned vegetables  
Pre-made custard

### Medium need

Pot noodles  
Super noodles  
Pasta lunch pots  
Cereals (no cornflakes or porridge please)  
Breakfast/brunch bars  
Biscuits  
Chocolates & treats  
Crisps

### Low need

Tinned soup  
Tinned beans  
Pasta  
Rice

**We welcome food donations: 11 - 3pm at Chichester Hostel, Hunston Road, Chichester, PO20 1NP**  
**If you are unable to deliver between these times, please call 01243 537 934 or email**  
**[admin@stonepillow.org.uk](mailto:admin@stonepillow.org.uk) to book an appointment to deliver your donation.**

The positive support we receive through our volunteers, and the variety of donations enables us to deliver our day-to-day operations and continue to meet the growing demands on the services we offer to those who find themselves homeless and rough sleeping across Bognor Regis and Chichester.

Every donation you make enables us to do more and will ensure we can continue to support our clients on their journey to achieve sustainable independence and wellbeing.

On behalf of the team and clients at Stonepillow, we would like to say a huge thank you for all your support.

A handwritten signature in blue ink, appearing to read 'Hilary Bartle'.

Hilary Bartle (CEO)

**PS. If you would like to find out how to join in with our exciting fundraising event, please turn over!**