

Parish Newsletter:

21st JAN to 29th JAN 2023

**St. Catherine of Alexandria Roman
Catholic Church**

Year A

Saint Catherine of Alexandria



Prayer

Glorious St. Catherine, virgin, and martyr help me to imitate your love of purity. Give me strength and courage in fighting off the temptations of the world and evil desires. Help me to love God with my whole heart and serve him faithfully. O St. Catherine, through your glorious martyrdom for the love of Christ, help me to be loyal to my faith and my God as long as I live. Amen

LIVE STREAMING OF MASS: Churches continue to live stream Mass: www.churchservices.tv

Daily Readings and the Daily Homily are available to view on our parish website, also Gift Aid information.

CONFESSIONS BY APPOINTMENT

St. Joseph's Convent
Public masses and visits remain suspended until further notice.
St. Joseph's Rustington
MASS AT 9.00AM ON SUNDAY
10.00am WEDNESDAY & FRIDAY

PLEASE PRAY FOR ALL WHO HAVE RECENTLY DIED.

Please pray for those in the parish who are unwell

SAFEGUARDING If you have any issues, please contact **PAT RODDEN 01903 716496**

Please note: Exposition of the Blessed Sacrament takes place at 9.00 am before Mass on a Thursday at Littlehampton. On a Friday at 9.00 am before Mass at Rustington.

100 CLUB: There are still some numbers left, please help your parish with this fundraising effort, contact the parish office for more details. **Thank you**

Parish Priest: Fr. Boniface Akpoigbe, MSP

Parish Deacon: Rev Adrian Burnett

Parish Secretary: Mrs Sue Pegrum

Parish Telephone no: 01903 – 731171

Website: www.stcatherineschurchlittlehampton.org

**Parish Address:
St. Catherine of Alexandria R.C. Church
44 Beach Road,
Littlehampton,
West Sussex,
BN17 5JH**

The Arundel & Brighton Diocesan Trust is a Registered Charity: No 252878

Deacon Adrian Burnett Email: adrian.burnett@abdiocese.org.uk

Parish/Secretary's Email: littlehampton@abdiocese.org.uk

Mass Intentions at St Catherine's this week

SATURDAY 21st JAN MASS AT 6.00 PM	BERNIE COTTAM RIP	ST. AGNES, VIRGIN, MARTYR
SUNDAY 22nd JAN MASS AT 11.00 AM	CAROLINE SILVERSON INT	THIRD SUNDAY IN ORDINARY TIME
MONDAY 23rd JAN	NO MASS	ORDINARY WEEKDAY
TUESDAY 24th JAN	MASS AT 10.00 AM	ORDINARY WEEKDAY
WEDNESDAY 25th JAN	NO MASS	CONVERSION OF ST. PAUL, APOSTLE
THURSDAY 26th JAN	NO E.B.S. NO MASS	STS. TIMOTHY & TITUS, BISHOPS
FRIDAY 27th JAN	NO MASS	ORDINARY WEEKDAY
SATURDAY 28th JAN MASS AT 6.00 PM	MASS WITH FR. ALAN.	ST. THOMAS AQUINAS.
SUNDAY 29th JAN MASS AT 11.00 AM	MARY KELLY RIP	FOURTH SUNDAY IN ORDINARY TIME

Please note Hall Booking enquiries are to be sent to: hall.littlehampton@abdiocese.org.uk

THE SHOP WILL BE OPEN EACH SATURDAY AND SUNDAY BEFORE AND AFTER MASS. PLEASE SUPPORT YOUR SHOP

COFFEE/TEA AFTER MASS ON SUNDAY'S – ALL ARE WELCOME

Church collection 14/15 JAN amounted to £631 (this includes standing orders)
Thank you.

Please note there will be NO weekday masses on Tue 31st Jan / Thur 2nd Feb / Tue 7th Feb / Thur 9 Feb

There will be a second collection this weekend for PAX CHRISTI

Please note there will be a Gathering of all Deanery clergy PLUS members of Parish Teams/Core groups and school Headteachers on Tuesday 7th February, 2023 at St. Oscar Romero Catholic School, BN12 5A at 7.00pm

CAFOD (Catholic Agency for Overseas Development) Needs Your Help Could you help CAFOD? We need new **CAFOD parish volunteers at St Catherine's Littlehampton** to help us with the CAFOD Harvest and Lent Fast Days.

If you are interested, please contact Jenny Finlayson on arundelandbrighton@cafod.org.uk or call 07710 094448

“Veterans Drop In” – Armed Forces Families cup of tea get together at Creative Craft Café in Beach Road. Every Friday afternoon between 2pm and 4pm.

PLEASE NOTE: If any new parishioners would like to join the cleaning team the next cleaning dates are Jan 28th / Feb. 11th and 25th / March 11th and 25th / April 8th and 22nd. Thank you.

*The next **Chilworth Abbey Study Day**, is on **Saturday, February 11th, 2023**, led by Fr John Seddon OSB, of Bishop Barron's 'Catholicism', Episode 6, **'The Mystical Union of Christ and the Church'**. Mass, 9.00am, Talks 10.15am-3.30pm. Bring a packed lunch and a friend if possible. See chilworthbenedictines.com for more details*

ANNUAL DIOCESAN JUSTICE & PEACE ASSEMBLY: ‘Hungry for Change’, **Saturday 28 January 2023, 9.30am – 1.30pm**, The Philip Howard Centre, 4 Southgate Drive, Crawley, RH10 6RP with Bishop Richard and speakers from CAFOD, Pax Christi and the Ecological Conversion Group. The Assembly will explore food and conflict and the positive steps we can all take towards a fairer, more peaceful world. There is no cost to attend; to reserve a place email: Tessa.Ricketts@abdiocese.org.uk the Diocesan Social Action Adviser

COULD YOU: support women in prison preparing for their release? HMP Send Chaplaincy, based in Woking, is looking for a part-time manager for their Resettlement work, leading a team of volunteer mentors who run the ‘Making Connections’ programme. The post is funded by The Nazareth Way charity. For more information about the role please contact: Lesley.Mason@justice.gov.uk

HEAD TEACHER VACANCY: St Robert Southwell Roman Catholic Primary School in Horsham are recruiting a Head Teacher to start summer or autumn 2023. Applications are invited from Head Teachers, Deputy Heads and Assistant Heads. The closing date is **Tuesday 7 February**. For more information: www.strobertsouthwellhorsham.co.uk

Marriage Week celebrates the vibrancy of marriage as the basis for family life and is an annual event encouraging couples to invest in their marriage and relationships. The dates this year are 7-14 February and the focus is on ensuring we look after our marriage. Perhaps you might want to organise something in your parish to help each other or perhaps just take some time together as a couple. Google “Marriage Week” for some helpful links and suggestions or look at the Diocesan website. You can contact Katherine Bergin at E: katherine.bergin@abdiocese.org.uk for further information.

Day of Reflection for Ministers of the Eucharist

This was scheduled to take place on Saturday 18 February. Unfortunately, Bishop Richard now has to be in Rome and therefore the day of reflection has been moved to Saturday 11 March, same venue,

same time. We apologise most sincerely for any inconvenience this may cause. All those who have booked a place have been informed.

Diocesan Youth Work Training Course Do you want to help young people to grow in faith? Why not sign up for our Youth Ministry Training Days? Taking Place on 25 February and 25 March 2023, you will learn how to effectively engage with teenagers to help them know the love of God. For Confirmation Catechists, Youth Group Leaders or anyone interested in setting up a youth group. Contact E: lizzie.wakeling@abdiocese.org.uk for more information.

Baptism Catechists Day Saturday 18 March

A morning for those interested in developing the Church in the home. We will be exploring the potential that preparation for the sacrament of Baptism offers. Catechists, sponsors and parents are all welcome. 9.30am - 1.30pm at The St Philip Howard Centre, Crawley. If you wish to discuss participation contact Katherine Bergin E: katherine.bergin@abdiocese.org.uk A poster is attached for printing off for display in your parish.

CAFOD

Could your New Year's resolution be to help build a better world through volunteering? CAFOD, the Catholic Agency for Overseas Development, is looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See

W: cafod.org.uk/Volunteer for more information or get in touch at

E: arundelandbrighton@cafod.org.uk

Worth Abbey

Time Out individual self-guided retreats 20–22 January, 6–9 February, 6–9 March and 15–18 May Cost : £90 per person, per night (min 2 nights).

Spend a few days at Worth Abbey enjoying the rhythm of the monastic prayer and liturgy, time in reflection and the peace of the Sussex countryside. There is no set programme other than an optional daily Lectio Divina session, the usual monastic timetable of divine office and liturgy and the opportunity for a 1:1 meeting with a member of the monastic community.

Finding Stillness 13–16 March and 5–8 June Cost: £330 per person, single occupancy.

'Be still and know that I am God' (Psalm 46). Come to Worth Abbey and encounter this refreshing and empowering stillness. Through the Benedictine tradition, discover how stillness can be part of your everyday life and how transformative it can be. The retreat will include: teachings in Lectio Divina and stilling the mind as well as an opportunity to have a 1:1 meeting with a member of the monastic community.

The Wisdom of St Benedict : Fr Martin McGee OSB 14-16 February Cost: £220 per person, single occupancy

Fr Martin will explore the riches of St Benedict's Rule, a guide to living out the Christian life in all its fullness. The following topics will be covered:

Stability – Becoming rooted in Christ;
Humility – Learning how to become oneself;
Lectio Divina – Finding nourishment in God's Word;
Christian leadership – Serving Christ in others.

Lent Retreat : Fr Peter Williams OSB 28 February–2 March Cost: £220 per person

An opportunity to invite God into your daily life, and to give yourself some time for prayer during the season of Lent; to deepen your faith and your relationship with God. All centred around the monastic cycle of prayer and liturgy and Lectio Divina. There is also the opportunity to meet with one of the Monks for reconciliation or 1:1 chat.

Concessionary rate for shared occupancy and bursary assistance available. Please contact Worth Abbey for further information. T:01342 710318 E: retreats@worth.org.uk W: worth.co.uk

PLEASE, PLEASE, REMEMBER ST. CATHERINE'S IN YOUR WILL, LEGACIES ARE DESPERATELY NEEDED. THANK YOU FOR THINKING OF US.

Turning Tides: Please support your local homelessness charity this Woolly Hat Day, and help raise funds to support the increasing number of local people experiencing homelessness. As winter deepens and the nights get colder it becomes even more important that people have a safe, warm place to live.

10.02.2023

This February wear your knitted hat, donate what you can, and share your photo across social media with the hashtag **#WoollyHatDay2023 @turningtidesorg**. You'll be supporting Turning Tides' life-changing services and making a real difference in your community. See our website for more details.

SVP: If you need assistance, please email our parish St Vincent de Paul Society. They can offer help, befriending and information. stcatherinessvp@gmail.com

The church WILL NOT be left open for unsupervised or individual prayer at this present time.

For Diocesan information please see our and the diocesan website for new forthcoming events and information