



THE CATHOLIC DIOCESE OF  
ARUNDEL & BRIGHTON

## INFORMATION FOR CONFIRMATION CATECHISTS AND YOUTH GROUP LEADERS

It's been a tough couple of years, all the usual events that we encourage our young people to engage with have been cancelled or postponed, and our ability to spiritually renew ourselves has been hampered by an inability to gather together. But as things are getting back to normal, I am delighted to announce that these events are back!

### **Lourdes Redshirt Bookings are open!**

Why not encourage your young people to consider signing up for this amazing opportunity? You can find out more here [Redshirts | Lourdes Pilgrimage | Arundel & Brighton Diocese \(abdiocese.org.uk\)](https://www.abdiocese.org.uk/redshirts)

### **Flame Youth Conference – 4<sup>th</sup> March 2023**

The theme will be 'Rise Up' and will see the return of Guvna B as well as some acclaimed national and international speakers. **WE WILL BE ATTENDING AS A DIOCESE** so please email [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) to reserve your places.

### **An event for you – Reflection and Formation Day**

The Catholic Bible School will lead you in a time of well earned spiritual refreshment and renewal – we will also learn some fun new ways to pray with our young people! Find out more here [Confirmation Catechist Reflection & Formation Day \(26-Mar-2022\) · ChurchSuite Events](https://www.abdiocese.org.uk/events/confirmation-catechist-reflection-formation-day-26-mar-2022)

### **If you know any Young Adults....**

There are a few spaces left on our Lenten Retreat for Young Adults, if you know anyone who might be interested, please send them this link [Lenten Reflection for Young Adults \(18-35\) \(12-Mar-2022\) · ChurchSuite Events](https://www.abdiocese.org.uk/events/lenzen-reflection-young-adults-18-35-12-mar-2022)

Thank you so much for all you do and may God continue to bless you, your families and your ministry

Lizzie (Youth & Young Adults Adviser)

[www.abdiocese.org.uk](https://www.abdiocese.org.uk)

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